



Raising Digital Citizens

Resources, Links, and Tips

Tips, Trends, New Technology, Public Policy, and Research

- ConnectSafely: www.connectsafely.org → Tips and Guides for Parents & Teens
- Center on Media & Child Health: www.cmch.tv → Medical research-based tips on healthy media use (Harvard Medical, Children's Hospital Boston, Harvard School of Public Health)
- National Association for Media Literacy Education: www.namele.net
- NetFamilyNews: www.netfamilynews.org → Weekly newsletter
- Internet Safety for Kids & Families: <http://internetsafety.trendmicro.com> → Blog on all things online safety, media literacy & digital citizenship

Be Online.

- **Google Safe Search:**
 - Overview: <https://www.google.com/safetycenter/families/start/>
 - Settings: <https://www.google.com/preferences>
- **YouTube SafeMode:** <https://www.youtube.com/safety>
- **Android filtering:** <https://families.google.com/familylink/>
- **Apple filtering:** <https://www.apple.com/families/> and <https://www.apple.com/family-sharing/>
- **Mobicip:** <https://www.mobicip.com/>
- **Bing SafeSearch:** <https://www.bing.com/account>
- **Good sites, Apps, and Age ratings**
 - CommonSenseMedia – www.commonsensemedia.org (movie, books, music ratings)
 - Cool Apps for Schools – www.coolappsforschools.com/
- **Block in-app purchases (iOS, Android, Windows mobile devices)**
 - Step by step instructions: http://www.phonearena.com/news/Got-kids-Heres-how-to-block-in-app-purchases-on-Android-iOS-and-Windows-Phone_id38567
- **Filter content by age on Apple devices (iPads, iPhone, iPod Touch)**
 - Filter's apps, movies, music, tv shows by age: Go to **Settings** → **General** → **Restrictions**
 - For Safari browser, use Mobicip app: (\$4.99) –kid-friendly browser
- **Filter content by age on Android devices**
 - Included parental control filters hides apps w/ age filter (can be turned on/off)
 - Trend Micro Mobile Security (Android Market) – also has full security features (block access to hacked sites, block spam/phishing text messages, & more)



Raising Good Digital Citizens

Helpful Sites, Links, and Tips

Be safe.

- **Parents' Guides to Facebook, Snapchat, Instagram, Cyberbullying & Cybersecurity:** <http://www.connectsafely.org/guides-2/>
- **Help Kids Become Privacy Pros:** <http://internetsafety.trendmicro.com/help-kids-become-privacy-pros-on-data-privacy-day>
- **A Parent's Guide to Media Literacy:** Teach your kids to recognize fake news, think critically about advertising, avoid cybercrime, and have a healthy relationship with media. <https://namle.net/a-parents-guide/>
- **Password tips from Connectsafely.org:** www.safekids.com/tips-for-strong-secure-passwords
- **Share photos with your phone wisely:** <http://internetsafety.trendmicro.com/tis-the-season-to-share-wisely>
- **Reporting to the National Center for Missing & Exploited Children:** Cyber Tipline: 1-800-THE-LOST or 1-800-843-5678
- **Protecting your Tweets:** <https://twitter.com/settings/security>

Be Kind.

- **The snowball effect of bullying:** <http://childrenshospitalblog.org/the-snowball-effect-of-bullying/?sf22951974=1>
- **Where to Report Abuse on major online services from the Cyberbullying Research Center:** <http://cyberbullying.org/report>
- **Setting tag alerts in Instagram:** <https://help.instagram.com/496738090375985>
- **Setting tag alerts in Facebook:** <https://www.facebook.com/help/247746261926036>
- **Center for Copyright Information – copyright alerts:** <http://www.copyrightinformation.org/the-copyright-alert-system/what-is-a-copyright-alert/>

Be Savvy.

- **Kaplan Test Prep Survey: Percentage of College Admissions Officers Who Visit Applicants' Social Networking Pages Continues to Grow — But Most Students Shrug**
<http://press.kaptest.com/press-releases/kaplan-test-prep-survey-percentage-of-college-admissions-officers-who-visit-applicants-social-networking-pages-continues-to-grow-but-most-students-shrug>
- **Kids Learn to Blog: 45 Best Blogging Sites for Kids**
<http://kidslearntoblog.com/45-best-blogging-sites-for-kids/>
- **Blogging for Teens: A Guide for Parents**
<http://www.fabulousblogging.com/2014/05/blogging-for-teens-a-guide-for-parents/>



Raising Good Digital Citizens

Helpful Sites, Links, and Tips

Be Savvy. (con't)

- **10 Ways to Manage Your Social Media Footprint – Kaplan**
<http://www.kaptest.com/College/Getting-into-College/Getting-into-College/10-ways-to-manage-your-social-media-footprint.html>
- **Set an alert through Google search**
<http://www.google.com/intl/en/about/products/> (You will need a Google account & must log-in)
- **Social Networking and College Admissions: How to Stand Out from Competition in a Good Way**
- <https://www.scholarships.com/resources/college-prep/applying/social-networking-sites-and-college-admissions-how-to-stand-out-from-the-competition-in-a-good-way/>
- **In College Admissions, Social Media Can Be a Double-Edged Sword**
http://bits.blogs.nytimes.com/2013/11/11/in-college-admissions-social-media-can-be-a-double-edged-sword/?_php=true&_type=blogs&_r=0
- **Social Media Do's and Don'ts for the Student Athlete:**
<http://www.athleticbusiness.com/corporate/blog-9-social-media-dos-and-don-ts-for-student-athletes.html>

Screen Time Tips

- Creative-positive uses earns more screen time
- Charge phone outside bedroom
- Use 'Do Not Disturb' function
- Use 'Night Shift' mode; (eliminates blue screen)
- Stop using devices 1 hour before bedtime
- Swap mobile device for a real book

Other

- **Set-up email under parent account, for kids under 13**
<http://flagrantdisregard.com/how-to-give-your-young-children-a-personalized-managed-email-address/>
- **Texting Abbreviations:** Cyberbullying Research Ctr:
www.cyberbullying.us/cyberbullying_chat_abbreviations.pdf
- **Free Trend Micro Security Tools**
 - <http://Housecall.trendmicro.com> → security scan of your PC/Mac
 - Smart Surfing for iPhone/iPad/iTouch – block access to sites with a security risk (hacked, phishing/scam)
 - Android app scanner (on Android market) → blocks you from downloading Android apps that are scams/phishing/security risks